

# Post Graduate Certificate Course for Professional Development (PGCCPD)

Report on the 35<sup>th</sup> Batch of the five  
months PGCCPD Program conducted by  
CREST from 9 March – 8 August, 2022



**Centre for Research and Education for Social Transformation (CREST)**

An autonomous institution under Government of Kerala

Chevayur, Calicut – 673 017 Kerala

Tel: ( 0495 ) 2355342, 2351496 [www.crest.ac.in](http://www.crest.ac.in)

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### **About CREST**

Centre for Research, Education and Social Transformation (CREST), is an autonomous institution formed by the Government of Kerala to address the collective disadvantages faced by the Scheduled and Backward communities while integrating with the globalized economy. CREST is the successor organization of the Centre of Excellence (CEEx) which was incubated by the Indian Institute of Management, Kozhikode with the support of Government of Kerala from 2002 to 2008. The Governing Council of CREST that has representation from institutions like Indian Institute of Management Kozhikode, National Institute of Advanced Studies Bangalore, Kerala State Council for Science, Technology and Environment, Thiruvananthapuram and Sree Chitra Thirunal Institute for Medical Sciences & Technology, Thiruvananthapuram is headed by the Honourable Minister for the Welfare of Scheduled and Backward Communities, Kerala as its Chairman. The programmes of CREST are mainly targeted to create a larger resource pool among the disadvantaged communities of Kerala, particularly Scheduled Castes and Scheduled Tribes of Kerala by addressing the collective disadvantages faced by them in engaging with the globalized economy.

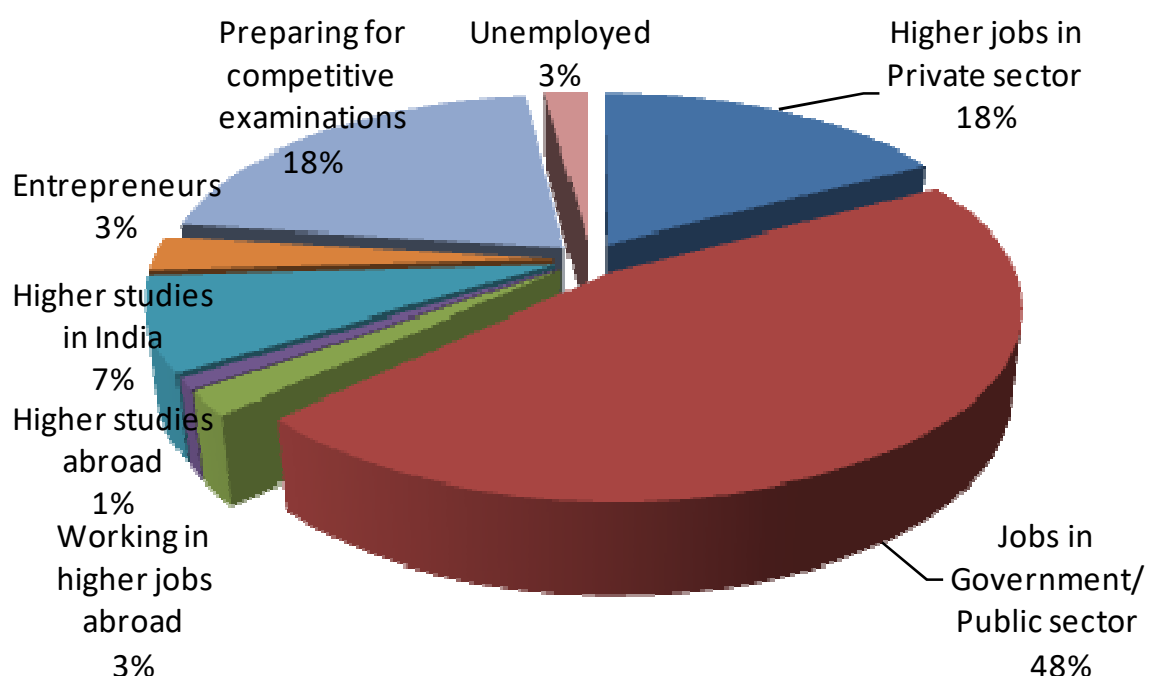
Since its inception in 2002 the Centre has been involved with its flagship programme, the five months Post Graduate Certificate Course for Professional Development (PGCCPD). The course has been designed to provide skills to enable candidates from Scheduled communities to compete for jobs in open market and for higher studies. CREST has also been conducting an "Access Program" objective of which is to provide support to students from disadvantaged background during their higher secondary education that would help them in obtaining admission in nationally reputed institutions in India for tertiary education. CREST has been mentoring support to such students, until they finish their undergraduate program. Ever since its inception the Centre has been striving to help young graduates from disadvantaged background to gain confidence, build competence and achieve excellence in all spheres of educational endeavour. This was achieved by building up a faculty with diverse backgrounds and capabilities, establishing professional links with a wide range of national- and state-level institutions sharing similar perspectives and by developing an academic ambience conducive to higher learning and achievement.

CREST also conducts short term orientation program for undergraduate students, particularly for students from the disadvantaged background in the IITs, NITs, the engineering colleges of Kerala and in the All India Institute of Medical Sciences New Delhi with an objective to endow the students with academic and social skills to enable them to fruitfully engage with the professional curricular and co-curricular environs of the institute. CREST has also been organizing workshop for the faculty members to enable them to be teacher-mentors who would have a better understanding of the learning needs of the students. CREST has academic collaboration with and Oslo Metropolitan University, Norway, and Swedish South Asian Studies Network (SASNET) & Toronto University, Canada. Interns from these institutions work with the students of CREST for 2-6 months.

## Post Graduate Certificate Course for Professional Development (PGCCPD) – The flagship program of CREST

CREST has been formed in the context that SC/ST representation is very low in sectors that do not provide job reservation and they are not adequately represented in emerging sectors like IT. The programmes of CREST are mainly targeted to create a larger resource pool among the Scheduled communities to utilize the opportunities created by the growth of Indian economy. CREST is the pioneering institution in India that addresses the collective disadvantages faced by the underprivileged segment of Indian society while integrating with the fast growing Indian economy

Since its inception in 2002 the Centre has been involved with its flagship programme, the five months Post Graduate Certificate Course for Professional Development (PGCCPD). The course has been designed to provide skills to enable candidates from Scheduled communities to compete for jobs in open market and for higher studies. The five months in-house program comprises of training in Personal Development, Communication skills, IT, Quantitative & Analytical skills and Entrepreneurship Development and General Studies. Out of the forty seats available for the course, 28 are reserved for SC, 8 for ST and 4 for OEC/OBC. Admission is based on Degree level marks, and interview. Selected students are given a monthly stipend of Rs.6000 to cover their living expenses. Mentoring support is also given by interns from universities abroad, particularly from Europe and Canada. The Post Graduate Certificate Course for Professional Development (PGCCPD) has trained nearly 1400 professional degree holders and graduates from Scheduled communities of Kerala. Many of its alumni are working for reputed organizations nationally/ internationally



## 35<sup>th</sup> Batch of the Post Graduate Certificate Course for Professional Development (PGCCPD) (March – August 2022)

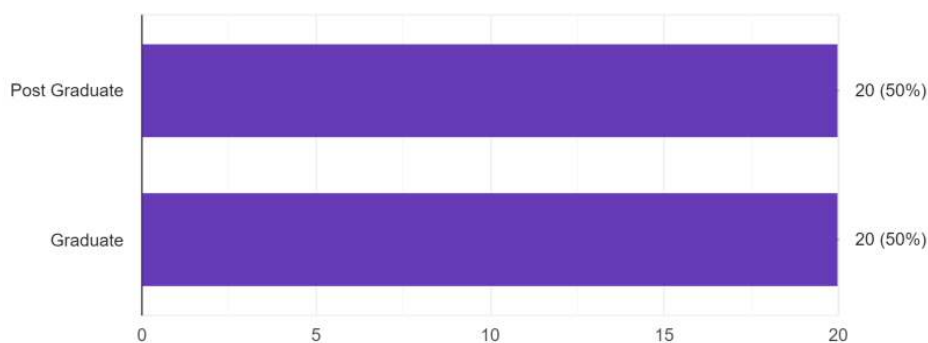
### Profile of the students of the 35th Post Graduate Certificate Course for Professional Development (PGCCPD)

40 students joined for the Post Graduate Certificate Course for Professional Development (PGCCPD) which began on 9th of March 2022. Of the forty students who joined for the program, 33 are girls. The five months in-house program was concluded on 8th of August 2022. Following is the profile of the students who 35th Batch of the PGCCPD program.

**Educational Qualification:** Data gathered from the students show that 50 % of the students who joined for the PGCCPD hold Masters Degree while other 50% holds just Bachelors Degree. Of the 20 candidates have Bachelors Degree; two are Engineering Degree holders with BTech. Their academic performance at entry level have shown that of the 20 Masters Degree holders, 35% has above 80% in their Post Graduate Examinations, 60% within the range of 60% to 80% and 5% within the range of 50-60% . For those who have only bachelors degree 5% has grades above 80% , 30% within the range of 50-60 % and 65% within the range of 60-80 %

Educational Qualification

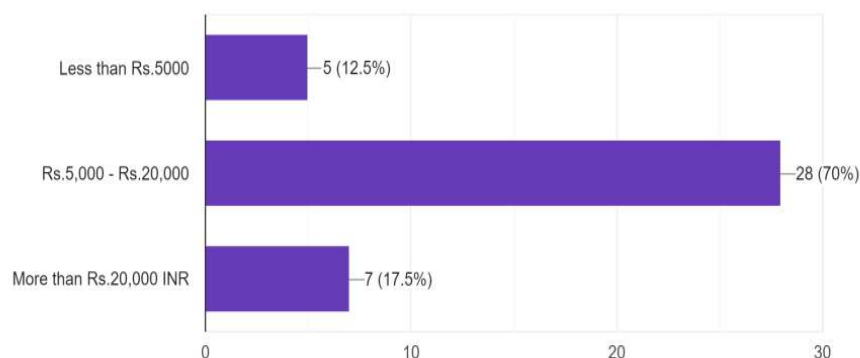
40 responses



**Economic Background:** Data gathered from the students show that 68.3% of students are from economic background whose family income falling within the range of Rs. 5000 – 20000 a month. 19.5% of the students are from the family income group above 20000 Rupees a month and 12.2% are from the background of family income lower than Rs.5000 a month.

Estimated monthly parental income of the family

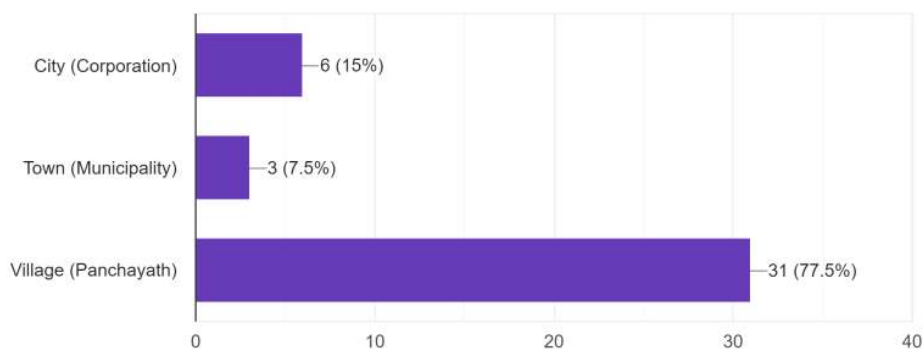
40 responses



**Location:** Majority of the students are from rural background. 78% of the students are from villages, 7.6% from small towns and 14.6% from the cities. Majority of the students are from Kozhikode district.

Location of the land owned by the family

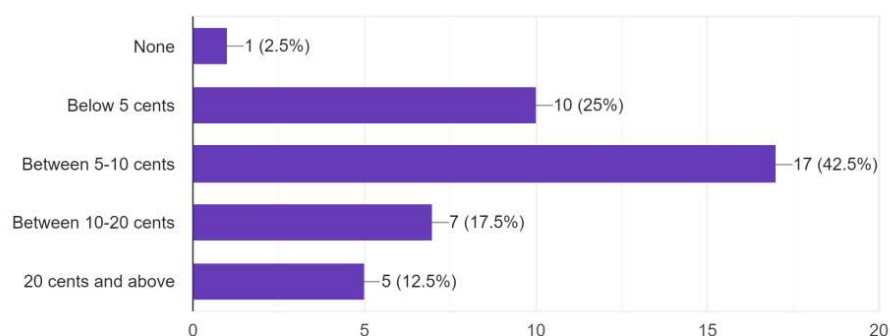
40 responses



**Family land holding:** 41.5 % of families of students own land within the range of 5-10 cents. 24.4% less than 5 cents and 19.5 % between 10-20 cents, 12.2% own land above 20 cents. 2% are landless.

Size of the land owned by the family

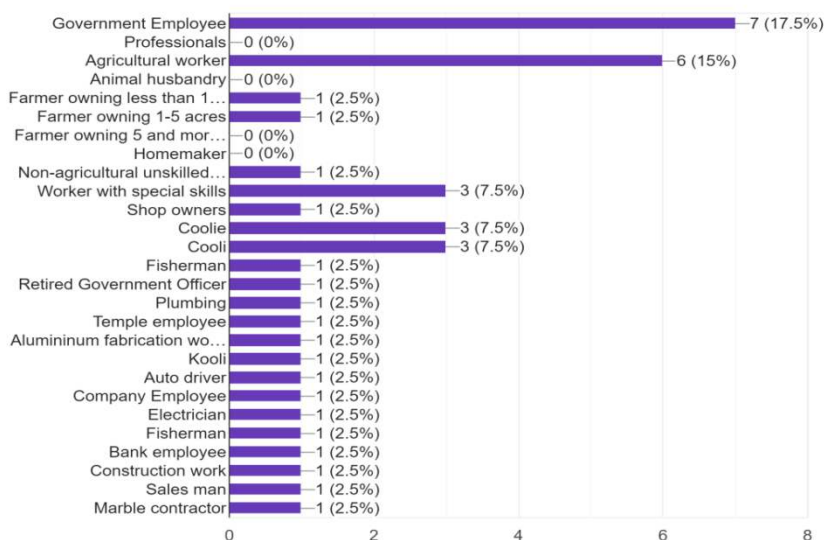
40 responses



**Occupation of Male parents:** Data gathered from students show that 19.5% of the male parents are working in government, mostly as Class IV employees, contingency workers etc. 14.6% are agricultural laborers.

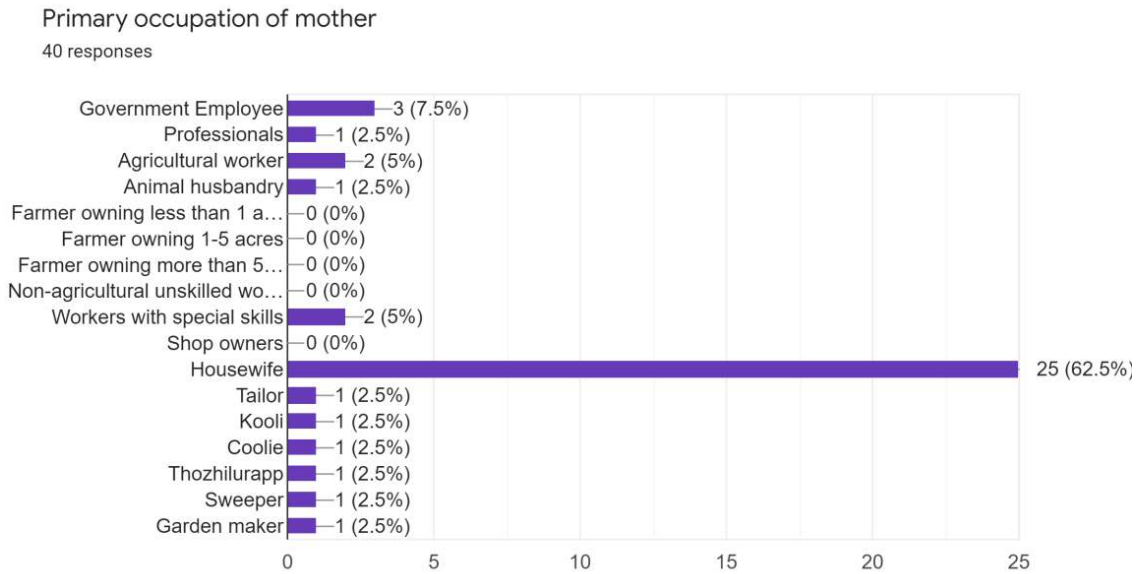
Primary occupation of father

40 responses

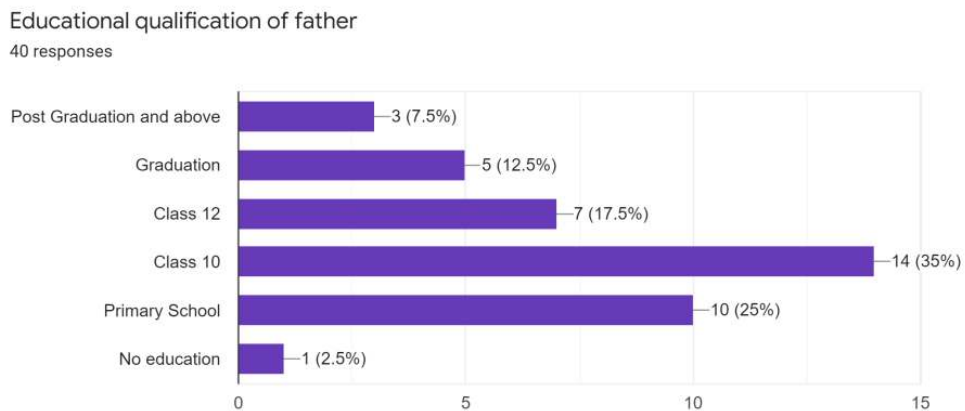




**Occupation of female parents:** 61% of the female parents are unemployed or working as farm laborers. 9.8% are working in Government, mostly as low ranking employees, contingency workers etc.



**Parental Education (male parent)** : Educational qualification of male parents shows that 34.1% has obtained high school education, 12.2% graduation, 17.1% higher secondary education and 24.4 % primary education.

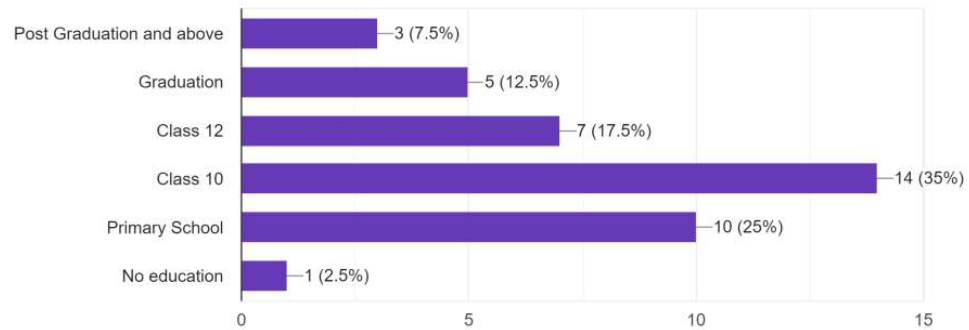




**Parental Education (female parent)** : Among female parents 51.2 % have studied up to 10<sup>th</sup> standard and 17.1 % primary schooling and another 17.1% higher secondary education. 9.8% hold graduation. 9.8% hold graduation.

Educational qualification of father



40 responses



# CREST - Post Graduate Certificate Course for Professional Development

## Monthly Activity Report – March 2022



TASK	Date	Remarks
Arrival of students	08.03.2022	<p>Students who joined for the PGCCPD course arrived Calicut and they were provided</p>  <p>accommodation in the hostels. 33 girls were accommodated in the girls' hostel and seven boys in the boys' hostels. As PGCCPD is a residential program, it was made mandatory to stay in the hostels.</p>
Ice-breaking	09.03.2022	<p>An <b>ice-breaking session</b> was held for the new batch of PGCCPD students at the Gender-Park Kozhikode. It was conducted by AR Vinod and Sucharita Hota. Sucharita Hota holds Masters Degree in Social Work from Tata Institute of Social Science (TISS) Mumbai. She was a Fellow at Xavier Labour Relations Institute ( XLRI) Jamshedpur and AHRD (Academy for Human Resources</p>  <p>Development , Hyderabad.) She had been a Consultant to UNDP and UNICEF and was the Head of Department of Social Science, St.Josephs College, Devagiri Calicut. She has also worked as a qualitative researcher for ORG-MARG. She is a faculty of CREST, handling Self Enrichment for Professional Education module for the Post</p>

TASK	Date	Remarks
		<p>Graduate Certificate Course for Professional Development.</p> <p>AR Vinod is a HR trainer attached to CREST. He holds Masters in Commerce and has been involved with</p>  <p>handling HR Training for the students of CREST. He also provides voluntary mentoring support for students after the completion of PGCCPD course.</p>
<p><b>Introduction to the Course</b></p>	<p><b>10.03.2022</b></p>	<p>An <b>introductory session</b> was held for the students. It was conducted by Vinod Krishnan, Associate</p>  <p>Program Coordinator. It covered the objective of the program, rationale of the course, different modules and expected outcome of the program. This was held at the Genderpark Kozhikode</p>

TASK	Date	Remarks
Communication skills workshop	10.03.2022 to 11.03.022	<p>A <b>communication skills workshop</b> was held for students .It was conducted by Ms. Vineetha Christy and Anoop Jayaprakash. . Techniques of theatre were used for the entire workshop. This was held at the Genderpark Kozhikode.</p> 
Gender Sensitization workshop	14.03.2022	<p><b>Ms. Aparna Viswanathan</b> , Founder of RACE, an experiential learning firm providing assistance to professionals and students was invited by CREST to conduct a one day <b>workshop on gender sensitization</b> for PGCCPD students on 14 October 2019. Ms. Aparna Viswanathan is a trainer attached Zocio, Bangalore. Modelled on experiential and reflective learning methodologies, she encourages the students to create an attitudinal shift in their perceptions and judgments .The one day workshop conducted by Aparna Viswanathan is expected to let the students to be empathetic into the views that students hold about their own and the other genders. It is expected to help them in examining their personal attitudes and beliefs with regard to gender.</p> 
PGCCPD – Regular Sessions	15.03.2022	<b>PGCCPD Course began at CREST</b> as per the session plan covering various modules. Sessions were held on English Communication Skills (3 sessions (of 75 minutes each ) and Personal Development (2 sessions)
PGCCPD – Regular	16.03.2022	Morning two sessions were held <b>on analytical and quantitative skills</b> , one session on communication

TASK	Date	Remarks
Sessions		skills and two sessions on presentation skills.
PGCCPD – Regular Sessions	17.03.2022	Two sessions were held on <b>Analytical and quantitative skills</b> . An introduction to basics of Number system and binary numbers were covered. It was followed by <b>a session on communication skills</b> . It included evaluation of the vocabulary strength of students Afternoon session was <b>personal development</b> .
Special workshop on shaping career goals	18.03.2022	<p>A special workshop was organized in the afternoon for the students on <b>shaping career goal</b>, by <b>Amit Kumar</b>, formerly with India Today, Times of India and the World Bank and now a Visiting Faculty at “ Young India Fellowship” of Asoka University . Amit Kumar has over 24 years of cumulative experience as a communication coach, journalist, learning specialist, and manager in organisations across India, the US, Nepal, and Mauritius. His training experience spans across institutions such as the World Bank, Deloitte, Jamia Millia Islamia, and Jindal Stainless among others. Amit received an MSc in computer and</p>  <p>information science from Cleveland State University. He is volunteering for CREST</p>
PGCCPD – Regular Sessions	21.03.2022	Session on <b>Employability enhancement</b> was taken, taken by Mr.Muraleedharn Paleri. He is Trained in naval engineering also done Short specialisation training at the Indian Institute of Technology, New Delhi, Bharat Electronics, Bangalore; and Graseby Instruments, United Kingdom under naval nomination. A person with Good exposure to Indian, US, European and Japanese management styles including Six Sigma, Kaizen, etc. It was followed by a session on <b>Personal development</b> and two on <b>English communication skills</b> .
PGCCPD – Regular Sessions	22.03.2022	Three sessions were held on <b>Communication skills</b> and two on <b>personal development</b>
PGCCPD – Regular Sessions	23.03.2022	<b>Analytical and Quantitative</b> Skills session was held 9.00 AM to 11.45 AM. It was followed by a session on communication skills. It was based on role plays. Afternoon , two sessions were held presentation session during which students were



TASK	Date	Remarks
		grouped to present a topic of their choice relating to current events
PGCCPD – Regular Sessions	24.03.2022	<b>Analytical and Quantitative Skills</b> session was held 9.00 AM to 11.45 AM. A mock test was conducted during the session. Session on communication was held from 11.45 to 1.00 PM . In the afternoon two sessions were held on <b>non verbal communication, particularly body language</b> .
PGCCPD – Regular Sessions	25.03.2022	<b>Analytical and Quantitative Skills</b> session from taken from 9.00 am to 11.45 AM . It included rapid methods of multiplication and division . This session was followed by three sessions in <b>Communication Skills</b> session
PGCCPD – Regular Sessions	26.03.2022	Three sessions were held on <b>Information Technology</b> . It covered basics of computers Afternoon session was on <b>communication skills</b>
PGCCPD – Regular Sessions	30.03.2022	From 9.00 AM to 11.45 AM two sessions were held on <b>communication skills</b> . This was followed by a session on <b>communication skill</b> session and two afternoon sessions afternoon sessions on <b>personal development</b>
Art Appreciation workshop	31.03.2022	<p>Greece based artist / sculptor from Kerala, <b>Johns Mathew</b> conducted an <b>art appreciation</b></p>   <p>workshop for the students undergoing the Post Graduate Certificate Course for Professional Development (PGCCPD) at CREST, Kozhikode The objective of the workshop was to develop creativity and imagination through a series of activities which included working with colors. It also aimed to explore non- verbal communication through creative expression . It assisted students to use artistic and aesthetic</p>

TASK	Date	Remarks
		<p>sensibility in day-to-day life situations. It involved exercises that boosted their creative ability . Johns Mathew holds BFA from Faculty of Fine arts, M.S. University, Baroda. He has been involved with the Radical Painters and Sculptors Association. He is also a travel writer.</p>




# CREST - Post Graduate Certificate Course for Professional Development

## Monthly Activity Report – April 2022

TASK/ Activity	Date	Remarks
<b>Personal Mastery Journey – Workshop</b>	<b>01.04.2022</b>	<p>A <b>Personal Mastery program</b> was held for the students Amit Kumar on 1 April 2022. The objective of the program was to set a clear vision on</p>  <p>personal goals and achieving it. It also intended to help the students to identify their capabilities and see how to unshackle them in order to create the future which they wanted for themselves. This Self-Mastery course has been designed in such a way to help the students who have found it difficult to motivate themselves or follow through on actions required to achieve their goals. It is a part of a series of workshops that will cover a broad range of self enrichment programs. The 'Journey' will broadly cover self awareness, potential, presence, interdependence, resilience and emergence. Sub-themes like emotional intelligence, managing failure, managing rejection and workplace politics will also be covered in the coming months.</p>
<b>Regular Sessions</b>	<b>02.04.2022</b>	<p>Three sessions of 75 Minutes each were held on <b>Information Technology</b> and two sessions on <b>Communications Skills</b> were held. The IT sessions covered basics of computers and common applications like Word and PowerPoint. The sessions were held by Ms. Usha and Ranjith V, Faculty members of CREST. In the afternoon two sessions were held on communication <b>skills</b>. The sessions were held by Prof. Vineetha .S. Gabriel.</p>
<b>Holiday</b>	<b>03.04.2022</b>	<b>Sunday</b>
<b>Regular Sessions</b>	<b>04.04.2022</b>	<p>A session on <b>personal evaluation</b> was held by Mr.Muralidharan Paleri. Two sessions on <b>communication Skills</b> was conducted by Mr.vinod Kalliyath. In the afternoon two sessions were</p>

TASK/ Activity	Date	Remarks
		conducted by Ms.Sucharita Hota on <b>self enrichment</b> . It also covered power dressing .
<b>Introduction to the Course</b>	<b>05.04.2022</b>	Morning session was engaged by Mr.Vinod Kalliyath, an activity to improve <b>interpersonal communication</b> was done. Sessions from 10.30 am to 1.00 pm was engaged by Prof.Vineetha S.Gabriel ,Grammatical correction and how to be grammatically correct in communication was done. Afternoon session was engaged by AR Vinod
<b>Regular Sessions</b>	<b>06.04.2022</b>	Morning session was engaged by Mr.Premnathan.V on <b>Analytical and Quantitative skills</b> . Session from 11.45 AM to 1.00 PM was engaged by Prof Vineetha Gabriel on <b>Communication skills</b> . Post noon session was engaged by Mr.Anoop Jayaprakash for presentation training
<b>Regular Sessions</b>	<b>07.04.2022</b>	Morning sessions from 9.00 am to 11.45 am was engaged by Mr.Premnathan.V on <b>Analytical and Quantitative skills</b> .11.45 am to 1.00 pm session was engaged by Mr.Vinod Kalliyath and sessions from 1.25 to 5.00 pm was engaged by Mr.A.R.Vinod and Ms.Sucharita Hota
<b>Regular Sessions</b>	<b>08.04.2022</b>	Morning sessions from 9.00 am to 11.45 am was engaged by Mr.Premnathan.V on <b>Analytical and Quantitative skills. Session</b> from 11.45 am to 1.00 pm was engaged by Prof.Vineetha Gabriel on communication skills and afternoon session by Mr.Vinod Kalliyath on communication skills
<b>Regular Sessions</b>	<b>09.04.2022</b>	Morning session was engaged by Mr.Ranjith.V and Ms.Usha on <b>Information Technology and Skills</b> and afternoon session by Prof.Vineetha Gabriel on Communication skills
<b>Holiday</b>	<b>10.04.2022</b>	Sunday
<b>Regular Sessions</b>	<b>11.04.2022</b>	One session ( of 75 Minutes) was held by Mr.Muralidharan Paleri on <b>employability enhancement</b> , one session Mr.Vinod Kalliyath on <b>communication skills</b> and two sessions by Mr.A.R Vinod on <b>Personal Development</b>
	<b>12.04.2022</b>	Four sessions were held on Communication Skills by Vinod Kalliyath and Prof .Vineetha Gabriel <b>communication skills</b> .
<b>Holiday</b>	<b>13.04.2022 – 17,04,2022</b>	<b>Vishnu Holidays</b>
<b>Regular Sessions</b>	<b>18.04.2022</b>	One session was held Mr.Muralidharan Paleri on <b>Employability enhancement</b> , followed by two sessions on <b>Communication Skills</b> by Vineetha S Gabriel. In the afternoon two sessions were conducted by Ms.Sucharita Hota on <b>Personality development</b> .

TASK/ Activity	Date	Remarks
Regular Sessions	19.04.2022	Three sessions on <b>communication skills</b> were held by Mr.Vinod Kalliyath and Vineetha S Gabriel in the afternoon two sessions by Mr.A.R.Vinod on <b>personality development</b>
Regular Sessions	20.04.2022	Morning session from 9:00 am to 11.45 am was engaged by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> and session from 11.45 to 1.00 pm by Mr.Vinod Kalliyath on <b>communication skills</b> and in the afternoon two sessions on <b>communication skills</b> by Vineetha Gabriel
Regular Sessions	21.04.2022	Two sessions were held on <b>Analytical and Quantitative Skills</b> by Mr.Premanathan and one by Mr.Vinod Kalliyath on <b>Communication Skills</b> and afternoon session from 2.25 to 5.00 pm by Ms. Ms.Sucharita Hota and Mr.A.R.Vinod on <b>personality development</b>
Regular Sessions	22.04.2022	Two sessions were held on <b>Analytical and Quantitative Skills</b> by Mr.Premanathan and one by Vineetha Gabriel on <b>communication skills</b> . In the afternoon two sessions were held on <b>Presentation skills/ General studies</b> by Anoop Jayaprakash.
Regular Sessions	23.04.2022	Three sessions of 75 minutes each were held By Mr.Ranjith.V .V and Ms.Usha on <b>Information Technology</b> and in the afternoon two sessions By Prof Vineetha .S. Gabriel on <b>Communication skill</b>
Holiday	24.04.2022	Sunday
Regular Sessions	25.04.2022	One session was held by Mr. Muraleedharan Paleri on <b>Employability Enhancement</b> and two by Ms.Usha on <b>Information Technology</b> . In the afternoon two sessions on <b>Personality Development</b> were conducted by AR Vinod
Workshop	26.04.2022	<p>Morning session from 9.00 am to 10.15 am by Mr.Vinod Kalliyath on <b>Communication Skills</b> and</p>  <p>Sessions from 10.30 am to 1.00 pm By Mr.Vinod Shankar, a special workshop on Music appreciation as a part of <b>General Studies</b> Two sessions were held by A.R .Vinod on <b>Personality Development</b></p>

TASK/ Activity	Date	Remarks
Regular Sessions	27.04.2022	Two sessions were held by Premanand on <b>Analytical and Quantitative skills</b> and one session by Mr.Vinod Kalliyath on <b>Communication skills</b> . In the afternoon two sessions were held by Mr.Anoop Jayaprakash on <b>presentation skills/ General studies</b> from 2:25 pm to 5:00 pm.
Regular Sessions	28.04.2022	Two sessions were held by Premanand on Analytical and Quantitative skills and one session by Mr.Vinod Kalliyath on <b>Communication skills</b> . In the afternoon two sessions were held on <b>Personality development</b> by Ms.Sucharita Hota and Vinod AR
Regular Sessions	29.04.2022	One session was held by Mr. Premanathan.V on <b>Analytical and Quantitative skills</b> and four sessions on <b>communication skills</b> by Mr.Vinod Kalliyath Prof.Vineetha .S Gabriel
Regular Sessions	30.04.2022	Three sessions on 75 minutes each was held by Mr.Ranjith.V and Ms.Usha on <b>Information and Technology</b> . In the afternoon two sessions on Communication Skills from 2:25 pm to 5:00 pm By Prof.Vineetha .S Gabriel .



**Note : On all working days, except during workshops , students are involved with tutorials , mock presentations and IT Lab from 01:30 PM to 02:15 PM**

# CREST - Post Graduate Certificate Course for Professional Development

## Monthly Activity Report – May 2022

TASK/ Activity	Date	Remarks
Holiday	01.05.2022	Sunday
Holiday	02.05.2022	Eid al-Fitr
Holiday	03.05.2022	Eid al-Fitr
Regular Sessions	04.05.2022	From 09:00 to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In the afternoon from 2:25 PM to 5:00 PM two sessions were conducted by Ms.Sucharita Hota on <b>Personality Development / Self Enrichment</b>
Regular Sessions	05.05.2022	From 09:00 to 11:45 AM two sessions of 75 minutes were held on <b>Personality Development / Self Enrichment</b> by Ms.Sucharita Hota . This was followed by a session on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions were held by Mr.Premnathan .V on <b>Analytical and Quantitative skills.</b>
Regular Sessions	06.05.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel From 02:25 PM to 05:00 PM two sessions were conducted by Mr.Vinod Kalliyath on <b>Communication skills.</b>
Regular Sessions	07.05.2022	From 09:00 to 01:00 three sessions of 75 minutes each were held on IT skills By Mr.Ranjith.V and Ms.Usha . In the afternoon from 02:25 PM to 05:00 PM two sessions were held on <b>Communication Skills</b> by Prof .Vineetha .S. Gabriel on communication skill.
Holiday	08.05.2022	Sunday
Regular Sessions	09.05.2022	From 09:00 to 11:45 AM two sessions of 75 minutes each were held Mr.Muralidharan Paleri on <b>Employability Enhancement</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions from 02:25 PM to 05:00 PM by Mr.A.R.Vinod on <b>Personality Development/ Self Enrichment</b> .
Regular Sessions	10.05.2022	From 09:00 AM to 10:15 AM by a session on <b>Communication Skills</b> was held by Mr.Vinod Kalliyath . From 10:30 AM to 01:00 PM , again on <b>Communication Skills</b> by Prof.Vineetha Gabriel . From 02:25 PM to 5:00 PM by Ms.Sucharita Hota did a session on <b>Personality Development/ Self</b>





TASK/ Activity	Date	Remarks
		<b>Enrichment .</b>
<b>Regular Sessions</b>	<b>11.05.2022</b>	<p>From 09:00 AM to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In afternoon from 02:25 PM to 05:00 PM two sessions were held by Mr.A.R.Vinod on <b>Personality Development/ Self Enrichment .</b></p>
<b>Workshop</b>	<b>12.05.2022</b>	<p>A <b>one day workshop</b> was conducted by Mr.Balachandran Gopinath <b>on facing the challenges of life</b> . Balachandran Gopinath is an international trainer of JCI. He was the Certification Commissioner for JCI University, U.S.A.</p>  <p>in 2008. He has experience of over 14 years as the Divisional, Regional and National Head of the Marketing Departments of reputed Companies. He is a highly acclaimed corporate trainer, HRD Consultant and a motivational speaker He has over 100 clients in India and abroad. He is a visiting Faculty to many Universities and Institutes for their MBA programs</p>
<b>Regular Sessions</b>	<b>13.05.2022</b>	<p>From 09:00 AM to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Employability Enhancement</b> by Mr.Muralidharan Paleri .From 02:25 PM to 05:00 PM two sessions on <b>Communication Skills</b> were held by Mr.Vinod Kalliyath</p>
<b>Workshop</b>	<b>14.05.2022</b>	<p>A whole day <b>workshop</b> covering <b>Obstacles to</b></p>  <p><b>Learning , art of giving / receiving feedback ,</b></p>

TASK/ Activity	Date	Remarks
		<b>Growth Mindset and Deliberate Practice</b> was conducted by Mr.Amit Kumar . Amit Kumar has over 24 years of cumulative experience as a communication coach, journalist, learning specialist, and manager in organisations across India, the US, Nepal, and Mauritius. His training experience spans across institutions such as the World Bank, Deloitte, Jamia Millia Islamia, and Jindal Stainless among others. Amit received an MSc in computer and information science from Cleveland State University, USA . He is volunteering for CREST
<b>Holiday</b>	<b>15.05.2022</b>	Sunday
<b>Regular Sessions</b>	<b>16.05.2022</b>	From 09.00 AM to 10:15 AM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . From 10:30 AM to 01:00 PM . This was followed by two sessions on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by Ms. Sucharita Hota on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
<b>Regular Sessions</b>	<b>17.05.2022</b>	Morning session from 09:00 AM to 11:45 AM two sessions were held on Communication by Mr.Vinod Kalliyath and one session from 11:45 AM to 01:00 PM by Prof.Vineetha Gabriel . In the afternoon two sessions of 75 minutes each were held by Mr.Vinod AR on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
<b>Workshop</b>	<b>18.05.2022</b>	<p>From 09:00 AM to 11:45 AM two sessions on communication skills were held by Mr.Premanathan on Analytical and Quantitative Skills and from 11:45 AM to 01:00 PM by Prof.Vineetha Gabriel on <b>Communication skills</b> . In the afternoon from 02:00 PM to 05:00 PM an interactive session on start-ups was conducted by</p>  <p>Ms.Preethi.M. ,CEO of Technology Business Incubator ( TBI) National Institute of Technology Calicut (NITC)</p>



TASK/ Activity	Date	Remarks
Regular Sessions	19.05.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Vinod Kalliyath . Afternoon session from 02:25 PM to 05:00 PM was held on <b>Personality Development/ Self Enrichment</b> f Ms.Sucharita Hota.
Regular Sessions	20.05.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In afternoon from 02:25 PM to 05:00 PM two sessions were held by Vinod Kalliyath on <b>Communication Skills</b>
Regular Sessions	21.05.2022	From 09:00 AM TO 1:00 PM sessions were held <b>on IT Skills</b> by Mr. Ranjith.V and Ms.Usha . From 02:25 PM to 05:00 two sessions of 75 minutes each was conducted by Prof.Vineetha S.Gabriel on <b>Communication skills</b> .
Holiday	22.05.2022	Sunday
Regular Sessions	23.05.2022	From 09.00 AM to 10:15 AM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . This was followed by two sessions on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon from 02:25 PM to 05:00 PM two sessions of 75 minutes each was conducted by Prof.Vineetha Gabriel on <b>Communication skills</b>
Regular Sessions	24.05.2022	From 09.00 AM to 10:15 AM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . This was followed by two sessions on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel. In the afternoon from 02:25 PM to 05:00 PM two sessions of 75 minutes each was conducted by Mr.Vinod Kalliyath on <b>Communication skills</b>
Regular Sessions	25.05.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof. Vineetha S.Gabriel. From 02:25 pm to 05:00 PM on <b>presentation skills</b> by Anoop Jayaprakash. .
Regular Sessions	26.05.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> by Mr.Premathan on Analytical and Quantitative skills . From 11.45 AM to 01.00 PM AM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . From 02:25 PM to 05:00 PM a joint session on <b>Personality Development/ Self Enrichment</b> was conducted by Mr.A.R.Vinod and Ms.Sucharita Hota .
Regular Sessions	27.05.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In the afternoon from 02:25 PM to 05:00



TASK/ Activity	Date	Remarks
		PM two sessions of 75 minutes each was conducted by Mr.Vinod Kalliyath on <b>Communication skills</b>
<b>Regular Sessions</b>	<b>28.05.2022</b>	From 09:00 AM TO 1:00 PM sessions were held <b>on IT Skills</b> by Mr. Ranjith.V and Ms.Usha . From 02:25 PM to 05:00 two sessions of 75 minutes each was conducted by Prof.Vineetha S.Gabriel on <b>Communication skills.</b>
<b>Holiday</b>	<b>29.05.2022</b>	Sunday
<b>Workshop</b>	<b>30.05.2022</b>	<p>From 09:00 AM to 10:15 AM by a session on <b>Communication Skills</b> was held by Mr.Vinod Kalliyath. From 10:30 AM to 02:00 PM a special workshop on <b>dining etiquettes in business situations</b> and lunch/dinner interviews were held for students. This was conducted by Ms. Sucharita Hota with an objective to stand out as a polished professional in such situations. Sessions from 02:25 PM to 05:00 PM was held by Mr.Vinod Kalliyath on <b>Communication Skills.</b></p> 
<b>Workshop</b>	<b>31.05.2022</b>	<p>From 09:00 AM to 10:15 AM by a session on <b>Communication Skills</b> was held by Mr.Vinod Kalliyath . This was followed by a workshop on</p>  <p>"Presence" by Amit Kumar.</p>

**Note : On all working days, except during workshops , students are involved with tutorials , mock presentations and IT Lab from 01:30 PM to 02:15 PM**

# CREST - Post Graduate Certificate Course for Professional Development

## Monthly Activity Report – June 2022


TASK/ Activity	Date	Remarks
Regular Sessions	01.06.2022	From 09:00 to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM by a session on <b>Employability Enhancement</b> was held. <b>Tutorial session</b> was held from 2:00 PM to 2:25 PM . In the afternoon two session of 75 minutes each was held by Prof.Vineetha .S. Gabriel on <b>Communication skills</b> .
Regular Sessions / Special Lecture	02.06.2022	<p>From 09:00 to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM a session was held on <b>Communication Skills</b>. In the afternoon an</p>  <p>A special lecture was organised By Ms.Nasmina Nasir on “Exploring the world “ She also introduced the students “ <b>Jagrithi Yatra</b>” Jagrithi Yatra is a confluence of change-makers, leaders, problem-solvers and innovators. It focuses on the themes of Agriculture, Health, Technology, Women Empowerment and Urbanization and interlinking entrepreneurship with nation-building. . She is an Assistant Professor at Sharaf Arts &amp; Science College , Cheruvathur , Kasaragod . She is a Doctoral Research Fellow – PhD in Malayalam literature at Calicut University. She is also the founder of i.LAB, an educational initiative in Kozhikode, working among the children of fisher people.</p>
Regular Sessions	03.06.2022	From 09:00 to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S.

TASK/ Activity	Date	Remarks
		Gabriel . In the afternoon from 2:25 PM to 5:00 PM two sessions were conducted by Vinod Kalliyath on <b>Communication Skills</b>
<b>Regular Sessions</b>	<b>04.06.2022</b>	From 09:00 to 01:00 three sessions of 75 minutes each were held on <b>IT skills</b> By Mr.Ranjith.V and Ms.Usha . In the afternoon from 02:25 PM to 05:00 PM two sessions were held on <b>Communication Skills</b> by Prof .Vineetha .S. Gabriel. A preparatory session on the Media workshop scheduled on 06.06.2022 was held during tutorials.
<b>Holiday</b>	<b>05.06.2022</b>	<b>Sunday – Holiday</b>
<b>Understanding Visual Media – Workshop</b>	<b>06.06.2022</b>	<p>A <b>workshop , " Understanding Visual Media"</b> was held for the students doing the Post Graduate Certificate Course for Professional Development ( PGCCPD) at CREST, the organisation with which I am attached.. The workshop was organised with the support of Mediaone Academy of Communication. An introductory session on journalism and visual media was held by Mr. Rajeev Sankaran, Coordinating Editor and Nishad Rawther ,Senior News Editor of MediaOne TV. The students got exposure to news flow and other technicalities of news broadcasting, practical sessions on visual news story making , news script writing, ,anchoring and videography. Behind-the-scenes activities of news-casting was a new experience for the students who are from different academic disciplines.</p>  



TASK/ Activity	Date	Remarks
Regular Sessions	07.06.2022	From 09:00 AM to 10:15 AM by a session on <b>Communication Skills</b> was held by Mr.Vinod Kalliyath . From 10:30 AM to 01:00 PM , again on <b>Communication Skills</b> by Prof.Vineetha Gabriel . From 02:25 PM to 5:00 PM Mr.Muralidharan Paleri did two sessions on <b>Employability Enhancement</b> .
Regular Sessions	08.06.2022	From 09:00 AM to 10:15 AM by a session on <b>Communication Skills</b> was held by Mr.Vinod Kalliyath . From 10:30 AM to 01:00 PM , again on <b>Communication Skills</b> by Prof.Vineetha Gabriel . In the afternoon two sessions were held by Mr.Anoop Jayaprakash on <b>Academic presentation</b> .
Regular Sessions	09.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . This was followed by a session on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by Ms. Sucharita Hota on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
Regular Sessions	10.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM by a session on <b>Employability Enhancement</b> was held by Muralidharan Paleri. In the afternoon from 2:25 PM to 5:00 PM two sessions were conducted by Vinod Kalliyath on <b>Communication Skills</b>
Regular Sessions	11.06.2022	From 09:00 to 01:00 three sessions of 75 minutes each were held on <b>IT skills</b> By Mr.Ranjith.V and Ms.Usha . In the afternoon from 02:25 PM to 05:00 PM two sessions were held on <b>Communication Skills</b> by Prof .Vineetha .S. Gabriel.
Holiday v	12.06.2022	<b>Sunday – Holiday</b>
Regular Sessions	13.06.2022	From 09.00 AM to 10:15 AM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . From 10:30 AM to 01:00 PM . This was followed by two sessions on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by Ms. Sucharita Hota on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
Regular Sessions	14.06.2022	From 09:00 AM to 10:15 AM by a session on <b>Communication Skills</b> was held by Mr.Vinod Kalliyath . From 10:30 AM to 01:00 PM , again on <b>Communication Skills</b> by Prof.Vineetha Gabriel. From 02:25 PM to 5:00 PM Mr.Muralidharan Paleri did two sessions on <b>Employability Enhancement</b> .
Regular Sessions	15.06.2022	From 09:00 to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S.

TASK/ Activity	Date	Remarks
		Gabriel . In the afternoon two sessions were held by Mr.Anoop Jayaprakash on <b>Presentation Skills</b> .
Regular Sessions	16.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . This was followed by a session on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by Ms. Sucharita Hota on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
Regular Sessions	17.06.2022	From 09:00 to 11:45 AM two sessions of 75 minutes were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In the afternoon from 2:25 PM to 5:00 PM two sessions were conducted by Vinod Kalliyath on <b>Communication Skills</b>
Regular Sessions	18.06.2022	From 09:00 to 01:00 three sessions of 75 minutes each were held on <b>IT skills</b> By Mr.Ranjith.V and Ms.Usha . In the afternoon from 02:25 PM to 05:00 PM two sessions were held on <b>Communication Skills</b> by Prof .Vineetha .S. Gabriel.
Holiday	19.06.2022	<b>Sunday – Holiday</b>
Regular Sessions	20.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In afternoon from 02:25 PM to 05:00 PM two sessions were held by Vinod Kalliyath on <b>Communication Skills</b>
Regular Sessions	21.06.2022	From 09:00 AM TO 1:00 PM sessions were held on <b>Communication Skills</b> by Mr.Vinod Kalliyath and Prof.Vineetha S.Gabriel . In the afternoon two sessions of 75 minutes each were held by A.R.Vinod on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
Regular Sessions	22.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> by Mr.Premanathan.V . From 11.45 AM to 01:00 PM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . In afternoon from 02:25 PM to 05:00 PM two sessions were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b>
Regular Sessions	23.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> by Mr.Premanathan.V . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by A.R.Vinod on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
Regular Sessions	24.06.2022	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 1:00 PM , a

TASK/ Activity	Date	Remarks
		session was held on <b>Communication Skills</b> by Prof Vineetha .S. Gabriel . In afternoon from 02:25 PM to 05:00 PM two sessions were held by Vinod Kalliyath on <b>Communication Skills</b>
<b>Regular Sessions</b>	<b>25.06.2022</b>	From 09:00 to 01:00 three sessions of 75 minutes each were held on <b>IT skills</b> By Mr.Ranjith.V and Ms.Usha . In the afternoon from 02:25 PM to 05:00 PM two sessions were held on <b>Communication Skills</b> by Prof .Vineetha .S. Gabriel.
<b>Holiday</b>	<b>26.06.2022</b>	<b>Sunday – Holiday</b>
<b>Regular Sessions</b>	<b>27.06.2022</b>	From 09:00 AM to 10:15 AM a session on <b>Employability Enhancement</b> was held by Mr.Muralidharan Paleri . From 10:30 AM to 01:00 PM two sessions were held on <b>Communication Skills</b> by Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by Ms. Sucharita Hota on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
<b>Regular Sessions</b>	<b>28.06.2022</b>	From 09:00 AM TO 1:00 PM sessions were held on <b>Communication Skills</b> by Mr.Vinod Kalliyath and Prof.Vineetha S.Gabriel . In the afternoon two sessions of 75 minutes each were held by A.R.Vinod on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM
<b>Special screening of the film on CREST</b>	<b>29.06.2022</b>	<p>From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> . From 11:45 AM to 01:30 PM A documentary on CREST , “<b>Recasting Selves</b>”</p>  <p>was screened before the students. The film , a critical reading of CREST in film format was introduced to the students by Vinod Krishnan , Associate Program Coordinator. The film was made by a team consisting of Lalit Vachani , Centre for Modern Indian Studies (CeMIS) at the University of Göttingen (Direction, Script and Editing) Sanjay Srivastava, Prof of Sociology , SOAS London (Research and Concept) Priya Sen , film maker (Production and 2nd shoot Direction) Syed Husain Akbar, photographer who was formerly with National Geographic and NDTV (Camera) Godly Timo Koshy alumnus of Film and Television Institute of India, Pune (Location Sound) Srirupa Roy , professor and chair of political science and modern Indian studies at the University of Göttingen (Producer ) In the afternoon two sessions were held by</p>




TASK/ Activity	Date	Remarks
		Mr.Anoop Jayaprakash on <b>Presentation Skills.</b>
<b>Regular Sessions</b>	<b>30.06.2022</b>	From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> by Mr.Premanathan.V . From 11:45 AM to 1:00 PM , a session was held on <b>Communication Skills</b> by Mr.Vinod Kalliyath . In the afternoon two sessions of 75 minutes each were held by Sucharita Hota on <b>Personality Development/ Self Enrichment</b> from 02:25 PM to 05:00 PM

**Note : On all working days, except during workshops , students are involved with tutorials , mock presentations and IT Lab from 01:30 PM to 02:15 PM**



# CREST - Post Graduate Certificate Course for Professional Development

## Monthly Activity Report – July 2022


TASK/ Activity	Date	Remarks
Regular Sessions	01.07.2022	From 9:00 am to 11:45 am two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> and session from 11:45 am to 1:00 pm by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> . Afternoon tutorial session was used to conduct election for the post of class Representatives and afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Mr.Vinod Kalliyath on <b>Communication Skills</b> .
Regular Sessions / Special Lecture	02. 07.2022	From 9:00 am to 11:45 am two sessions of 75 minutes were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> and session from 11:45 am to 1:00 pm by Mr.Ranjith.V on <b>Information Technology Skills</b> and tutorial session from 2:00 pm to 2:25 pm was used for class Representative meeting and afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Ms.Usha on <b>Information Technology Skills</b>
Holiday	03.07.2022	Sunday
Regular Sessions	04.07.2022	From 9:00 am to 10:15 am by Mr.Muralidharan Paleri on <b>Employability Enhancement</b> and two sessions of 75 minutes each from 11:45 am to 1:00 pm by Mr. Vinod Kalliyath on <b>Communication Skills</b> .Tutorial session from 2:00 pm to 2:25 pm was used for management games .In the afternoon two sessions of 75 minutes each from 2:25pm to 5:00 pm By Mr.A.R.Vinod on <b>Personality Development</b> .
Regular Sessions	05.07.2022	From 9:00 am to 10:15 am session on <b>communication skills</b> by Mr.Vinod Kalliyath and session from 10:30 am to 1: 00 pm two sessions of 75 minutes each were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> . Afternoon tutorial session from 2:00 pm to 2:25 pm was used for quiz activity and in the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm were held by Mr.A.R.Vinod on <b>Personality Development</b> .
Understanding Visual Media – Workshop	06.07.2022	From 9:00 am to 11:45 am two sessions of 75 minutes each were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> . Session from 11:45 am to 1:00 pm by Mr.Ranjith.V on <b>Information technology Skills</b> .Tutorial session from 2:00 pm to 2:25 pm was used for working on IT assignment. In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm sessions were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> .


TASK/ Activity	Date	Remarks
Regular Sessions	07.07.2022	From 9:00 am to 11:45 am two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> .sessions from 11:45 am to 1:00 pm by Mr. Vinod Kalliyath on <b>Communication Skills</b> . Tutorial session from 2:00 pm to 2:25 pm. In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Mr.A.R.Vinod on <b>Personality Development</b> .
Regular Sessions	08.07.2022	From 9:00 am to 11:45 am two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> . Session from 11:45 am to 1:00 pm by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> . A change had to be made in the afternoon session and the session started at 1:50 to 4:25 pm by Mr. Vinod Kalliyath on <b>Communication Skills</b> . An <b>online interactive workshop</b> by Dr.Bharat Rathod on the topic " Why you should Aspire for study abroad" was taken from 4:30 pm to 5:30 pm
Regular Sessions & Special Lecture	09.07.2022	<p>From 9:00 am to 1:00 pm three sessions of 75 minutes each were held on <b>IT skills</b> by Ms.Usha and Ranjith.V on <b>Information Technology Skills</b>. Tutorial session from 2:00 pm to 2:25 pm was used as preparatory session for presentation and In the afternoon two sessions of 75 minutes each were held by Mr.Anoop Jayaprakash on <b>Academic presentation</b> . <b>Dr. Bharat Rathod</b>, (International Education, The University of Massachusetts . Amherst - USA ) gave a special lecture online <b>"Why You Should Aspire for Study Abroad?"</b> for the students undergoing Post</p> <p>the</p>   <p>Graduate Certificate Course for Professional Development at CREST on July 8th , 2022. Dr. Bharat Rathod , now living in the US originally hails from Ahmadabad. He did PhD on caste based discrimination in Higher education in India. He is in the process of setting up global online mentoring platform for students from disadvantaged background from India aspiring for higher studies abroad.</p>

TASK/ Activity	Date	Remarks
Holiday	10.07.2022	Sunday – Holiday
Regular Sessions	11.07.2022	<p>From 9:00 am to 10:15 am by Mr.Muralidharan Paleri on <b>Employability Enhancement</b> and session from 11:45 am to 1:00 pm two sessions of 75 minutes each by Mr. Vinod Kalliyath on <b>Communication Skills</b>. Tutorial session from 2:00 pm to 2:25 pm was used for Mock Presentation and afternoon session from 2:25 to 5:00 pm two sessions of 75 minutes each were held by Mr.A.R.Vinod on <b>Personality Development</b>.</p>
Regular Sessions	12.07.2022	<p>From 9:00 am to 10:15 am session on <b>communication skills</b> by Mr.Vinod Kalliyath and session from 10:30 am to 1:00 pm two sessions of 75 minutes each were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b>. Afternoon tutorial session from 2:00 pm to 2:25 pm and afternoon session from 2:25 pm to 4:00 pm by Mr.A.R.Vinod on <b>Personality Development</b>.</p> <p>From 4:00 PM to 6:00 PM Aasif Karim former</p> <div data-bbox="767 860 1430 1296" data-label="Image"> </div> <div data-bbox="762 1330 1182 1592" data-label="Image"> </div> <div data-bbox="767 1603 1182 1874" data-label="Image"> </div> <p>Kenyan ODI Cricket team Captain and Tennis Player (who represented Kenya in Davis Cup) and Ajay Govind , who directed the just released film 'Madappally United' did a joint session on "diminishing open spaces"</p>


TASK/ Activity	Date	Remarks
Regular Sessions	13.07.2022	<p>From 9:00 AM to 11:45 AM two sessions of 75 minutes each were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b></p> <p>From 11:45 AM to 1:00 PM a session on <b>employability and private sector jobs</b> was by</p>  <p><b>Ms.Shilpa Saboo</b> . Shilpa Saboo is the CEO of Larn Learning Solutions. She is a trainer and recruitment professional She is a computer science graduate with a post-graduate degree in English.</p> <p>Tutorial session from 2:00 pm to 2:25 pm was used for Mock Presentation. Afternoon session from 2:25 pm to 5:00 pm two sessions of 75 minutes were handled by Mr.Anoop Jayaprakash on <b>Academic presentation</b> .</p>
Regular Sessions	14.07.2022	<p>From 9:00 AM to 11:45 AM two sessions of 75 minutes each were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> .session from 11:45 am to 1:00 pm by Mr. Vinod Kalliyath on <b>Communication Skills</b>. Tutorial session from 2:00 pm to 2:25 pm was used for communication games. In the Afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm were held by Mr.A.R.Vinod on <b>Personality Development</b></p>
Regular Sessions	15.07.2022	<p>From 9:00 am to 11:45 am two sessions of 75 minutes each were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> . From 11:45 AM to 1:00 PM a session was held Prof.Vineetha .S.Gabriel on <b>Communication Skills</b>.</p>  <p>From 1:30 PM to 4:00 PM two sessions were held by Mr.Arun P.T and Ms.Remya Roshni , former civil servants on "Tips to Crack UGC /NET and UPSC Exams" . From 4:00 PM to 5:00 PM tutorials were held.</p>



TASK/ Activity	Date	Remarks
Regular Sessions	16.07.2022	From 9:00 am to 1:00 pm three sessions of 75 minutes each were held on <b>IT skills</b> by Ms.Usha and Ranjith.V on <b>Information Technology Skills</b> . Tutorial session from 2:00 pm to 2:25 pm was used for group meetings. In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> .
Holiday	17.07.2022	Sunday – Holiday
Regular Sessions	18.07.2022	From 9:00 am to 10:15 am by Mr.Muralidharan Paleri on <b>Employability Enhancement</b> and session from 11:45 am to 1:00 pm by Mr. Vinod Kalliyath on <b>Communication Skills</b> . Tutorial session from 2:00 pm to 2:25 pm was used for Individual Mentoring .In the afternoon two sessions of 75 minutes each from 2:25 to 5:00 pm By Mr.A.R.Vinod on <b>Personality Development</b> .
Regular Sessions	19.07.2022	From 9:00 am to 10:15 am session on <b>communication skills</b> by Mr.Vinod Kalliyath and two sessions of 75 minutes each from 10:30 am to 1:00 pm were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> . Tutorial session from 2:00 pm to 2:25 pm for student meetings and topic approvals for presentation. In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Mr.A.R.Vinod on <b>Personality Development</b> .
Regular Sessions	20.07.2022	From 9:00 am to 11:45 am two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> session from 11:45 am to 1:00 pm by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> Tutorial session from 2:00 pm to 2:25 pm was used for doing presentation on International Moon Day “. Afternoon session from 2:25 pm to 5:00 pm two sessions of 75 minutes each were handled by Mr.Anoop Jayaprakash on <b>Academic presentation</b>
Regular Sessions	21.07.2022	<p>From 9:00 am to 11:45 am two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> .From 11:45 AM to 1:00 AM a session on <b>Information technology Skills</b> was conducted by Mr Ranjith.V Tutorials were held from 2:00 PM to 2:25 . In the afternoon</p>  <p>two sessions of 75 minutes each from were held by Mr.A.R.Vinod and Shahina K Rafeeq Film critic and</p>

TASK/ Activity	Date	Remarks
		columnist on <b>assertive communication</b> . Shahina K Rafeeq is an author whose stories and poems were selected in the International competition organized by British Council in 2012 and 2015.
<b>Regular Sessions &amp; Special Lecture</b>	<b>22.07.2022</b>	<p>From 9:00 am to 11:45 am two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b>.</p> <p>From 11:45 AM to 1:00 PM by Dr.Nikitha Hari did an online session on <b>"Higher Studies Abroad "</b>. Dr.Nikitha Hari is an Engineering innovator and</p>  <p>influencer in global higher education with +15 years' career experience. She was featured in the 'Top 50 Women in Engineering in the UK' (2017) and listed as a 'Clinton Global Changemaker' (2018). She has strong research record with 26 publications in international, peer-reviewed journals, focused reimagining engineering education. Currently she is the Co-Chair of the Independent Higher Education Research &amp; Innovation Network - UK.</p> <p>Tutorial session from 2:00 PM to 2:25 PM .In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm were held by Mr. Vinod Kalliyath on <b>Communication Skills</b>.</p>
<b>Regular Sessions</b>	<b>23.07.2022</b>	<p>From 9:00 AM to 1:00 AM three sessions of 75 minutes each were held on <b>IT skills</b> by Ms.Usha and Ranjith.V on <b>Information Technology Skills</b>. Tutorial session from 2:00 pm to 2:25 pm was used for IT practical . Afternoon session two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b>.</p>
<b>Holiday</b>	<b>24.07.2022</b>	Sunday – Holiday
<b>Regular Sessions</b>	<b>25.07.2022</b>	<p>From 9:00 AM to 10:15 AM by Mr.Muralidharan Paleri on <b>Employability Enhancement</b> and end term Examination was conducted during the session. And session from 11:45 am to 1:00 pm two sessions by Mr. Vinod Kalliyath on <b>Communication Skills</b> .Tutorial session from 2:00 pm to 2:25 pm was used for Class Meeting. In the afternoon two sessions of 75 minutes each from 2:25 to 5:00 PM by Mr.Anoop Jayaprakash on <b>Academic</b></p>






TASK/ Activity	Date	Remarks
		<b>presentation</b>
<b>Regular Sessions</b>	<b>26.07.2022</b>	From 9:00 AM to 10:15 AM session on <b>communication skills</b> by Mr.Vinod Kalliyath and two sessions of 75 minutes each from 10:30 am to 1:00 pm were held by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> . Tutorial session from 2:00 pm to 2:25 pm for student meetings. In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm by Mr.A.R.Vinod on <b>Personality Development</b> .
<b>Regular Sessions</b>	<b>27.07.2022</b>	From 9:00 am to 11:45 AM two sessions of 75 minutes were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> session from 11:45 am to 1:00 pm by Prof.Vineetha .S.Gabriel on <b>Communication Skills</b> Tutorial session from 2:00 pm to 2:25 pm. In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 PM by Mr.A.R.Vinod on <b>Personality Development</b>
<b>Regular Sessions</b>	<b>28.07.2022</b>	From 9:00 am to 11:45 AM two sessions of 75 minutes each were held by Mr.Premanathan.V on <b>Analytical and Quantitative Skills</b> .session from 11:45 am to 1:00 pm by Mr.Vinod Kalliyath on <b>Communication Skills</b> . Tutorial session from 2:00 pm to 2:25 pm was used for conducting Treasure hunt activity for the students. In afternoon two sessions of 75 minutes each from 2:25 PM to 5:00 PM were held by Ms.Usha on <b>Information Technology Skills</b> .
<b>Regular Session &amp; Workshop</b>	<b>29.07.2022</b>	<p>From 09:00 AM to 11:45 AM two sessions of 75 minutes each were held on <b>Analytical and Quantitative skills</b> and end term examination was conducted. In the afternoon a workshop on non verbal object communication was held for the students by Ms.Aparna Viswanathan , social entrepreneur and corporate trainer and Ms. Smruthy Paruthikad, media person</p>  <p><b>Tutorial session from 2:00 PM to 2:25 PM</b> .In the afternoon two sessions of 75 minutes each from 2:25 pm to 5:00 pm were held by Mr.Vinod Kalliyath on <b>Communication Skills</b> and End term examination was conducted.</p>


TASK/ Activity	Date	Remarks
Regular Sessions	30.07.2022	Final examination of <b>Information Technology Skills</b> was conducted from 9:00 AM to 5:00 PM which included Practical Exam, Theory paper and Viva Voce
Holiday	31.07.2022	Sunday – Holiday

**Note : On all working days, except during workshops , students are involved with tutorials , mock presentations and IT Lab from 01:30 PM to 02:15 PM**

## CREST - Post Graduate Certificate Course for Professional Development (1-8 August 2022)

TASK/ Activity	Date	Remarks
Mock interviews	01.08.2022	Mock interviews were held for the students by Anil Menon , a HR trainer attached to SB Global , a firm based in Cochin 
Theatre Workshop	02.08.2022 – 06.08.2022	As a part of the <b>Communication Skills module</b> , a <b>Theatre Workshop</b> was conducted for the students by Jayaprakash Kulur, The workshop was  using theatre techniques and story-based activities . Focusing on communication skills.

TASK/ Activity	Date	Remarks
Special Lecture on Art Appreciation	04.08.2022	<p>Sonya Krishnamoorthy , art promoter , author and</p>  <p>organiser of Soorya Festival gave a special lecture to students on art appreciation .</p>
Theatre Presentation	06 .08.2022	<p>The students of presented <b>"Haachi Kiyaachu"</b> a play emerged from a theatre workshop</p>  <p>conducted by Jayaprakash Kulur , renowned theatre person before an invited audience.</p>
Feedback on PGCCPD	07.08.2022	<p><b>Student evaluation</b> of the PGCCPD Program was held. Feedback was taken from the students and</p>
Valediction	08.06.2022	<p>The <b>valedictory ceremony</b> of the 35<sup>th</sup> Batch of the</p>  <p>PGCCPD Program was held at 9:30 AM Prof. Dr. MK Jayaraj , Honourable Vice Chancellor of University of</p>

TASK/ Activity	Date	Remarks
		<p>Calicut was the Chief guest of the function . While congratulating the students on their completion of the program , Prof Jayaraj insisted on the importance of making scientific temper as a way of life in their journey ahead. The message</p>  <p>of Mr. Prasanth N. IAS , Special Secretary, Scheduled Castes and Scheduled Tribes Development Department Government of Kerala was read out to the students. Vinod Krishnan , Executive Director in Charge, Mr. Muralidharan Paleri Faculty, CREST Mr. Vikas N , Alumni, CREST and students Aswin Das P, Karthika V R and Sharika K spoke at the function</p>



# Gallery



35<sup>th</sup> Batch of PGCCPD students on arrival for the five months in house on 8 March 2022



Ice – Breaking session by Sucharita Hota & AR Vinod for the newly joined students on 9 March 2022



From the communications skills workshop held by Ms.Vineetha.S.Gabriel on 10<sup>th</sup> & 11<sup>th</sup> of March 2022



The students at a workshop on gender conducted Aparna Viswanathan on 14 March 2022





From the workshop "shaping career goals" by Amit Kumar, faculty, Asoka University's " Young India Fellowship" program on 18 March 2022



The students on an art appreciation workshop held on 01 April 22 Greece based artist / sculptor from Kerala, Johns Mathew.





The students at a session on music appreciation by Vinod Shankar ,a sitar exponent on 24 April 2022



The students at a workshop on facing the challenges of life by corporate trainer and faculty of Ahmadabad Management Association Balachandran Gopinath on 12 May 2022





From an interactive session on start-ups by Ms.Preethi.M, CEO of Technology Business Incubator (TBI) National Institute of Technology Calicut (NITC) on 18 May 2022



From a workshop on dining etiquettes in business situations on 30 May 2022



The students attending a special lecture , "Exploring the world " by Ms.Nasmina Nasir on 02 June 2022



The students presenting news at a workshop " Understanding visual media" jointly organized with Mediaone Academy on 06 June 2022





Students at a special lecture online, "Why You Should Aspire for Study Abroad?" by Dr. Bharat Rathod, (International Education, the University of Massachusetts. Amherst - USA on 09 July 2022



Aasif Karim former Kenyan Cricket team Captain and Ajay Govind , film maker doing a session on " diminishing open spaces " to the students on 12 July 2022



Students at a session on "employability and private sector jobs" by Ms. Shilpa Saboo on 13 July 2022



Shahina K Rafeeq Film critic and columnist giving a session on assertive communication to the students on 21 July 2022





Students at a workshop on non verbal object communication held by Ms.Aparna Viswanathan, social entrepreneur and Ms. Smruthy Paruthikad, media person on 29 July 2022



Anil Menon, a HR trainer attached to SB Global with students on a session on Group Discussion and Interview held on 01 August 2022.



Jayaprakash Kulur, renowned theatre person with students on a Communication Skills workshop held from 2-6 August 2022.



Students of PGCCPD at Art Appreciation session by Soorya Krishnamoorthy art promoter , author on 04 August 2022





Students presenting a play emerged from the theatre/communication skills workshop before an invited audience on 6 August 2022.



Prof. Dr. MK Jayaraj, Vice Chancellor of University of Calicut addressing students at the valedictory function held on 9 August 2022.





Invocation by the students at the closing ceremony of the Valediction of PGCCPD held on 09 August 2022



35<sup>th</sup> Batch of PGCCPD students just before the valediction held on 09 August 2022

## List of faculty and guests who held sessions for the Post Graduate Certificate Course for Professional Development at CREST during 8 March 2022 - 9 August 2022.

**Sucharita Hota** Post graduate in Social Work from Tata Institute of Social Science, Bombay. She is a consultant in the field of qualitative social research and was involved in projects for UNICEF, World Bank, Overseas Development Agency and Government of India.

**A.R Vinod** is an HR trainer based in Calicut. He is a Zonal trainer of Junior Chamber International. He has been providing Human Resource training for academic institutions and corporate organizations in Kerala. He has conducted Leadership camps for several organizations and he is a member of several voluntary organizations in Calicut city.

**Premanathan** Has been an expert Mathematics teacher for the past 40 years. Highly knowledgeable in the area of specialization Mr.Premanathan has guided many to reach heights of success.

**Vineetha. S.Gabriel** is a post Graduate in English literature (M.A Literature) with 30 years of teaching experience as Asst.Professor in the Department Of English, Malabar Christian College, and Calicut.

**Vinod Kalliyath** holds Graduation in English and diploma in teaching of English. He is the English faculty of TIME, (Calicut) and various IELTS teaching centres in Calicut.

**Usha PM** holds MCA & MBA and has teaching /programming experience of ten years. She is an Associate Professor at SNES Institute of Management Studies And Research, affiliated to University of Calicut

**Muralidharan Paleri** is trained in naval engineering (four year course in electronics) (1966-70).Has also done Short specialisation training at the Indian Institute of Technology, New Delhi, Bharat Electronics, Bangalore; and Graseby Instruments, United Kingdom under naval nomination.

**Ranjith V** holds M. Tech. in Software Systems from Birla Institute of Technology and Science (BITS), Pilani. He has specialized in Networks and Networked Systems. He is an associate member in Institution of Engineers, India

**Anoop Jayaprakash** Course Coordinator of CREST holds an M.com degree in commerce and has a teaching experience of 5 Years as Assistant Professor in Finance.

**Vinod Krishnan T.Y**, currently Executive director (in-charge) holds Masters Degree in Anthropology from the University of Mysore. He undertook research studies at University of Delhi and Roskilde University, Denmark. He has been an ASIA Fellow attached to the Institute of Social Sciences and Humanities, Ho Chi Minh City, Vietnam.

## Workshops & Special Lectures

**Aparna Viswanathan** is a social entrepreneur based in Bangalore and Founder of RACE, an experiential learning firm providing assistance to professionals and students. Modelled on experiential and reflective learning methodologies, she works on students to create an attitudinal shift in their perceptions and judgments.

**Amit Kumar** was formerly with India Today, Times of India and the World Bank and now a Visiting Faculty at "Young India Fellowship" of Asoka University, Sonapat, and Haryana. Amit Kumar has over 24 years of cumulative experience as a communication coach, journalist, learning specialist, and manager in organisations across India, the US, Nepal, and Mauritius.

His training experience spans across institutions such as the World Bank, Deloitte, Jamia Millia Islamia, and Jindal Stainless among others. Amit received an MSc in computer and information science from Cleveland State University. He has been volunteering for CRES

**Johns Mathew** is a Greece based artist / sculptor from Kerala. He holds BFA from Faculty of Fine arts, M.S. University, Baroda. He has been involved with the Radical Painters and Sculptors Association. He is also a travel writer.

**Vinod Shankar** studied Veena at Swathi Thirunal Music College, Thiruvananthapuram. and Sitar at the MS University, Baroda. He has been performing for concerts across North India. In 2008, Vinod released an album, 'Conversations,' in which he portrayed musical conversations between sitar and tabla. He is an All India Radio (AIR) accredited Artist. He has been associated with various cultural groups in India and in the Maldives where he was teaching Sitar.

**Balachandran Gopinath** is an international trainer of JCI. He was the Certification Commissioner for JCI University, U.S.A. in 2008. He has experience of over 14 years as the Divisional, Regional and National Head of the Marketing Departments of reputed Companies. He is a highly acclaimed corporate trainer and HRD Consultant. He has over 100 clients in India and abroad. He is a visiting Faculty to many Universities and Institutes for their MBA programs

**Preethi.M** is the CEO of Technology Business Incubator (TBI) of the National Institute of Technology Calicut (NITC). TBI has been supporting and providing guidance to start ups and entrepreneurs.

**Nasmina Nasir** is an Assistant Professor at Sharaf Arts & Science College, Cheruvathur, Kasaragod. She is a Doctoral Research Fellow – PhD in Malayalam literature at Calicut University. She is also the founder of i.LAB, an educational initiative in Kozhikode, working among the children of fisher people.

**Bharat Rathod**, (International Education, the University of Massachusetts. Amherst - USA) originally hails from Ahmadabad. He did PhD on caste based discrimination in Higher education in India. He is in the process of setting up global online mentoring platform for students from disadvantaged background from India aspiring for higher studies abroad.

**Aasif Karim** is the former Kenyan ODI Cricket team Captain and Tennis Player (who represented Kenya in Davis Cup). He is involved with an international movement, "sports for Social Change"

**Ajay Govind** is a writer , corporate trainer and film maker based in Dehradun, Uttarakhand . He has written and directed over 50 commissioned documentaries, 2 independent feature films, 5 short films, and 6 music videos. He directed the film 'Madappally United', a Children's film in Malayalam

**Shilpa Saboo** is the CEO of Larn Learning Solutions. She is a trainer and recruitment professional She is a computer science graduate with a post-graduate degree in English.

**Nikitha Hari** is an Engineering innovator and influencer in global higher education with +15 years' career experience. She was featured in the 'Top 50 Women in Engineering in the UK' (2017) and listed as a 'Clinton Global Changemaker' (2018). She has strong research record with 26 publications in international, peer-reviewed journals, focused reimagining engineering education. Currently she is the Co-Chair of the Independent Higher Education Research & Innovation Network - UK.

**Shahina K Rafeeq** is a journalist and an author whose stories and poems were selected in the International competition organized by British Council in 2012 and 2015.



**Smruthy Paruthikad** is one of the most well known women media persons of Kerala . Smruthy is presently the Senior Coordinating Editor and anchor/presenter in Media One news Channel. Previously she was with Mathrubhumi News and Reporter TV.

**Arun PT** is from Tamilnadu and had his education from Jawahar school Neyveli, Loyola College, Chennai & American College, Madurai. He is a Post graduate in Zoology. He cleared civil service in 2005 and was in Indian Postal Service . From 2007, he is into civil service coaching & specialises in Psychology, Ethics & Interview As a keen quizzier, he is part of Kerala Quiz forum, a first of its kind programme for school students teaching them the basics of civil service examination through quizzing.

**Remya Roshni** is from, Wayanad. She had her education from Government High School Meenangadi, Farook College & University of Mysore . She cleared the UPSC civil service examination and was allotted to Indian Police Service. From 2007 , quitting the police service she started coaching people for Civil Service Exam. Her area of expertise is Sociology and presentation skills . Her column titled “ABC of civil service” in Manoramaonline deals with different aspects of civil service examination.

**Anil Menon** , is a HR trainer based in Cochin. For the past fifteen years he has been involved with Youth Development Programmes related to employability. He also conducts programmes for corporate clients in the areas of Business Communication, Presentation Skills, and Leadership.

**Jayaprakash Kulur** is an eminent theatre person, writer and actor . He is a tax practitioner by profession , but passionately involved with theatre spanning over four decades . He is one of the skilful and talented writers of the Malayalam film industry. He showcased his talents first as a dramatist on the Malayalam drama stage. Along with being a writer, he has also been an actor and has acted in more than ten movies. He has written many critically acclaimed Malayalam dramas like Bommakolu, Apunni Radio, Appunni Tomorrow, Kumaravilapa, Quack-Quack, and Eighteen Plays or 18 Natakangal.

**Soorya Krishnamoorthy** is a well known art promoter , author and organiser of Soorya Festival He has published five books, three screenplays and 15 dramas besides conceiving, designing and directing 105 stage shows. In 1977, he founded Soorya Movement, which claims to be the largest cultural organisation in the world, with chapters in 38 countries apart from 60 centres in India. He was a scientist/engineer in Indian Space Research Organisation where he worked under scientists like APJ Abdul Kalam, former President of India.

## Administrative support

**Jinesha**, who is maintaining the accounts holds Masters in Commerce and MBA. She has been working with CREST since May 9, 2005 when CREST was functioning as the Centre of Excellence under the Indian Institute of Management Kozhikode (Cex-IIMK) .

**Praseeda KR** , who is in charge of library holds Masters degree in Library and Information Science . She has been working with CREST/ Cex-IIMK since December 2007 when CREST was functioning as the Centre of Excellence under the Indian Institute of Management Kozhikode. She has work experience in reputed institutions like British Council Library, Chennai.

**Reena K**, works in office administration holds Masters Degree in English Literature and MBA (HR) from Madras University. She has been working with CREST since March 2008 when CREST was functioning as the Centre of Excellence under the Indian Institute of Management Kozhikode.

**Sasikumar KP** , heading the administration of CREST has been the Joint Registrar of University of Calicut. His has been associated with the people's science movement of Kerala for many years.



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